

the
goodmorningservice
Est.2000

Free telephone alert and befriending service

- for older people aged 60+
- a good friend on the phone

Telephone Befrienders will call you for a blether and to check all is well. We'll alert a contact person or the local police if you fail to answer your phone and we can't locate you.

You choose the level of service that suits you, from once per week to everyday. Available, 365 days a year, in Glasgow City Council and South Ayrshire Council areas.

To join the light-touch service call us on

0141 336 7766

www.goodmorningservice.co.uk

Opening hours are weekdays: 8am to 3.30pm, weekends & public holidays: 8am to 12 noon

Good Morning Service is a multi-award winning charity.

Flemington House, 110 Flemington St, Glasgow, G21 4BF

Registered as Good Morning Project Ltd, No SC221598. Charity No.SC031960.